



Community Counseling Centers of Chicago

the art of  
**healing**  
**Life**

2005 annual report



# dearfriends

## mission&vision

MISSION: Community Counseling Centers of Chicago (C4), a behavioral health advocate and social service provider, offers quality, comprehensive customer-oriented services tailored to the diversity of its consumers.

VISION: Community Counseling Centers of Chicago (C4) will be, and will be recognized as, essential to the well-being of the communities we serve.

Ever since C4 opened its doors, we have been committed to providing innovative and compassionate mental health and substance abuse treatment to all who seek our help. Thirty-four years later, our commitment to serve remains strong. C4 strives to offer services that reflect the best practice in mental health care, substance abuse treatment, help for those healing from sexual violence and support for families working to thrive in their communities and schools.

This past year, C4 built on its tradition of innovation by collaborating with state partners in new ways. Working with the Illinois Department of Children and Family Services (DCFS), we launched a program that provides substance abuse treatment for parents involved with DCFS. Building on the success of our Mental Health Juvenile Justice Initiative, we partnered with the Illinois Department of Corrections to provide mental health and other supportive services to juveniles on parole and their families. We are proud to be the first community mental health agency in Illinois to pilot this project.

In addition to being one of six Illinois agencies to participate in a supported employment project for Illinois parolees, C4 also participated in a Mental Health Court Project that provides treatment for those who have committed felonies diagnosed with mental illness. Through a new voucher-based federal Access to Recovery Program, consumers can elect to receive mental health and substance abuse treatment at C4.

Thanks to our dedicated staff and committed supporters, C4 lives out its mission every day, making possible the healthy recovery of both individuals and communities. Through your support, we can continue to offer “quality, comprehensive services tailored to the diversity of our consumers.” The 7,000 individuals and families reached by our services deserve no less.

Sincerely,

Anthony Kopera, PhD  
President and CEO

Lannie LeGear, PhD  
Chairperson, Board of Directors

# healinglife

## ADULT BEHAVIORAL HEALTH SERVICES

C4 provides a wide range of behavioral health services, including intensive programs for consumers at high risk for hospitalization, or those who lack life skills or the ability to develop interpersonal relations. Other services empower consumers to live independently, socialize and develop vocational skills. To help individuals better cope with life stresses, C4 offers individual and group psychotherapy.

Beginning in FY 2005, C4 began offering specialized groups for consumers with borderline personality disorder, those surviving traumatic experiences such as incest, rape, physical and emotional abuse, and those with co-occurring mental health and substance use disorders in the early stages of examining their substance use.

In a pilot that is emerging as a national model, C4 has begun receiving referrals from the Mental Health Court Project through the non-profit TASC – Treatment Alternatives for Safe Communities. This initiative allows those who have committed felonies who are struggling with mental illness to receive treatment as an alternative to incarceration. Through our ongoing collaboration with TASC these high risk individuals have successfully stayed out of the criminal justice system and instead are receiving the services and support they need to successfully reintegrate into the community.

C4 remains a leader in workforce development. Since 2002, C4 has maintained an annual average workforce of 93 consumers—both from C4 and the community. In the past year, C4 expanded its network of employers willing to hire consumers with disabilities. These employers include Miracle Systems, Monarch Promotion, Just Manufacturing Company, Bradford Systems Corp., Living Colour Gardening Services, and Bird X. In addition, C4 has developed several interagency vocational training opportunities, including the C4 Work Center, Sklar Snack Bar, Magnolia Kitchen, and Building Services. As a result, C4 earned the Illinois Chapter of the International Association of Workforce Professionals' Group Citation Award for outstanding vocational training and placement services.



# inspiringchange

## CHILDREN AND ADOLESCENT SERVICES

C4 offers a full spectrum of services for children and parents ranging from early intervention to prevent abuse and neglect, as well as more intensive services for families in crisis to keep children safe and help families remain together, when feasible. Services are child-centered, family-focused, community-based and culturally competent.

### CRISIS SERVICES

Screening Assessment Support Services (SASS) are a lifeline for families in crisis, offering 24-hour crisis intervention for emotionally disturbed youth and their families. C4's multi-disciplinary team offers psychiatric evaluations, case management and referrals to community-based counseling. In FY05, SASS extended its service area to include families and youth in Evanston in addition to Chicago's North Side. As a result, SASS now serves 1,758 clients a year, more than double the number served in FY04.

### TEEN PAROLE PROJECT

Thanks to the success of the Mental Health Juvenile Justice Initiative pilot program that began in 2000, C4 was asked to partner with the Illinois Department of Corrections to link juveniles on parole with mental health and community services. This pilot will enroll 20 teens diagnosed with a major mental illness on parole from the Illinois Youth Center in St. Charles. For a vulnerable teen, this program may mean the difference between re-entering prison or returning to his community and school.

### YOUTH THERAPY THROUGH EXPRESSIVE ARTS

C4 helps children build interpersonal skills and express themselves through painting, sculptures, and other creative activities. Nearly 50 youth at three C4 sites are learning to explore and express their feelings in positive and non-threatening ways. This past year, children living in ABLA public housing on the west side of Chicago channeled their feelings of loss surrounding their razed community into a reconstructed village of cardboard and clay.



# restoringwellness

## OUTPATIENT SUBSTANCE ABUSE TREATMENT SERVICES

C4 offers outpatient substance abuse services for individuals, couples and families that desire drug-free and healthy lifestyles. Special services are offered that meet the complex needs of those with both mental illness and substance abuse (dually-diagnosed) as well as those involved with the criminal justice system, and federally mandated populations including women with dependent children, HIV-infected clients, and intravenous drug-users.

During FY05, C4 expanded its addiction treatment and intervention assistance to families involved with DCFS after receiving an increase in funding from the Illinois Department of Human Services/Department of Alcoholism and Substance Abuse.

This past year, C4 initiated special services for those involved with the criminal justice system. Through a partnership with the Illinois Department of Corrections, C4 provides substance abuse treatment to individuals paroled from the Sheridan Correctional Center, helping these individuals re-enter their communities. Through the federal Access to Recovery voucher program, C4 provides treatment to clients on probation.



# sustaininghope

## PARENTING SERVICES

C4 helps parents raise healthy families through parent support groups, advocacy services, workshops, psychoeducational groups and a parent education program, which offers home visits.

### PARENT EDUCATION PROGRAM

Expanding to seven Chicago Public Schools, parenting classes offered through the schools reached an additional 78 parents. Participating schools were: Stockton Elementary, McAuliffe Elementary, Hayt Elementary, Avondale Elementary, Logan Middle, Pierce Elementary, and Roosevelt High School.

### PARENT ADVOCACY SERVICES

Advocates help parents already using C4 services identify and access resources for children with mental health needs. Using a holistic model, C4 advocates also provide information and support for families needing assistance with housing, health care, public entitlements, school and special education resources, recreational and social services, and the juvenile justice system.

### PARENT SUPPORT GROUPS

Facilitated by C4, these groups offer support for parents with children in the mental health system. In a trusting atmosphere, parents facing similar challenges offer mutual support, sharing resources and experiences.



# transforminglife

## COMMUNITY TRAINING

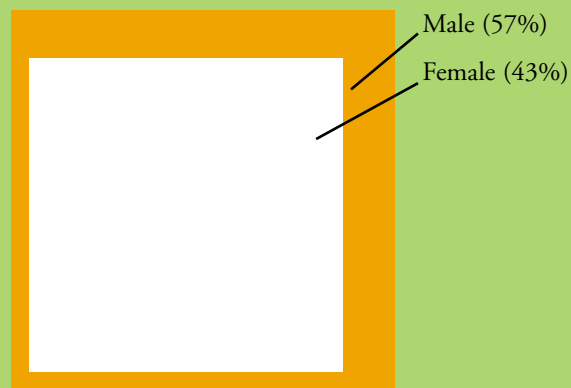
C4 played a lead role in developing a model curriculum for Crisis Intervention Training (CIT) utilized by the Chicago Police Department. Under C4's direction, police officers learned how to more effectively intervene in psychiatric emergencies.

Through its Quetzal Center, C4 offers a variety of trainings to educate the public about issues surrounding sexual violence. Trained staff present culturally sensitive public awareness programs to students and community-based organizations, as well as provide professional training for law enforcement officers, clergy, the state attorney's office, medical and hospital personnel, and other social service providers.

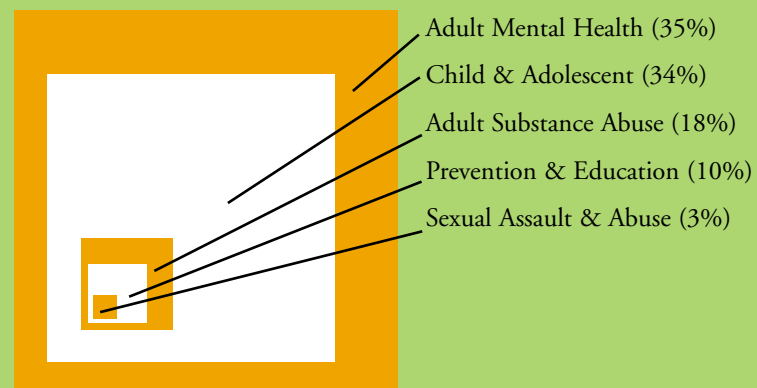
In the past fiscal year, the Quetzal Center's prevention education workshops reached 3,282 participants and 23 professional seminars trained 255 participants. Among the organizations hosting the workshops were: Lutheran Social Services, Mayor Daley's Kidstart Youthnet Region 4, Riveredge Hospital, Chicago Police Academy, Chicago Teachers' Center, Northeastern Illinois University, New Mt. Pilgrim Church, Armstrong Middle School Teachers, Evanston Civic Center and the Illinois Center for Rehabilitation and Education (ICRE).

# demographics

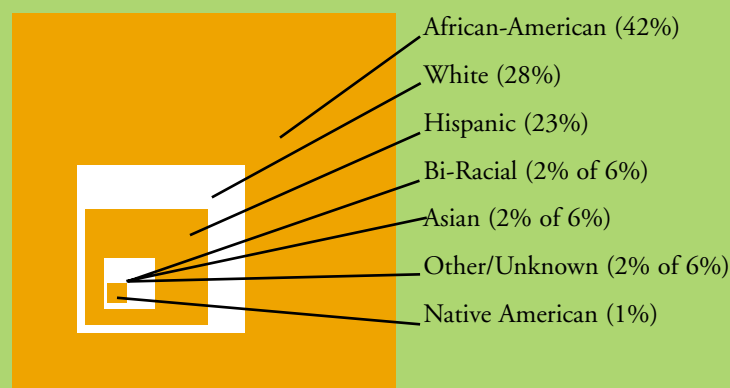
## GENDER



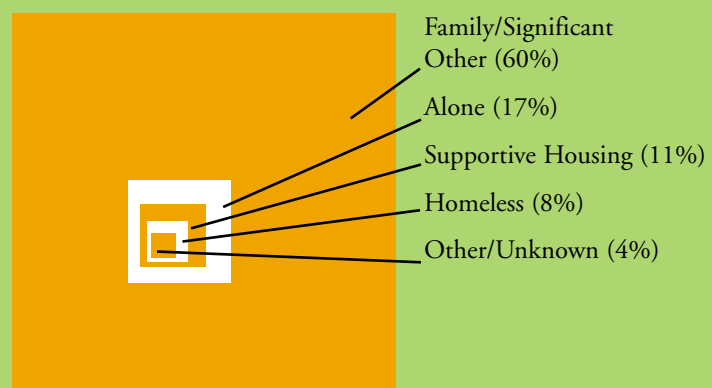
## DIRECT SERVICE PROVISION



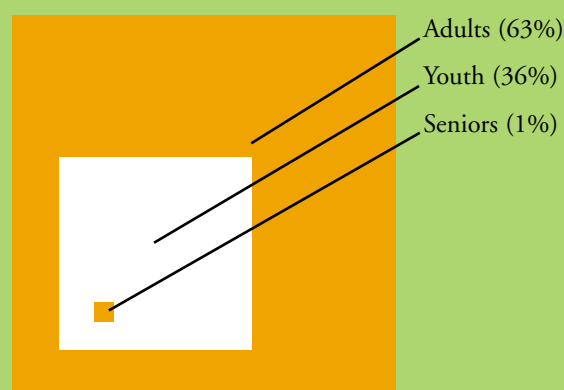
## RACE/ETHNICITY



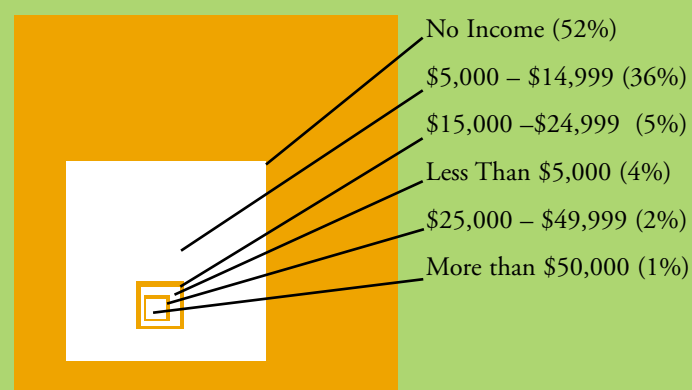
## LIVING ARRANGEMENTS



## AGE GROUP



## INCOME LEVELS



# financials

## Community Counseling Centers of Chicago, Inc. and Affiliates

Combined Statements of Activities and Changes in Net Assets  
Years Ended June 30, 2005 and 2004

	FY2005	FY2004
<b>Support and Revenues:</b>		
<b>Grants:</b>		
State of Illinois:		
Department of Human Services (DHS)	\$5,791,340	\$10,223,693
Department of Children & Family Services (DCFS)	71,385	1,265,899
Illinois Coalition Against Sexual Assault (ICASA)	226,154	221,729
Other government grants	942,946	822,806
Corporate and foundation grants	31,500	257,258
<b>Fees for Services:</b>		
DHS-MRO	5,574,762	2,514,937
DHS-Psychiatric Assessment Services	353,625	342,935
Medicaid	2,364,965	333,970
Medicare	169,799	185,931
Other third-party insurance	31,889	25,471
Patient	75,376	106,577
<b>Donations:</b>		
Individual	21,619	19,676
Corporate and Foundation	40,253	46,778
Work Center Contract Income	1,773,276	1,294,527
Rental Income	20,259	56,965
Interest Income	6,118	1,019
Miscellaneous	138,265	145,437
Gain on Sale	924,637	
<b>Total Support and Revenues</b>	<b>18,558,168</b>	<b>17,865,608</b>
<b>Expenses:</b>		
Program services:		
Treatment and Prevention	14,498,461	14,739,939
<b>Total Program Services</b>	<b>14,498,461</b>	<b>14,739,939</b>
Supporting Services		
Management and General	2,816,175	2,708,734
Fund Raising	197,874	198,357
<b>Total Supporting Services</b>	<b>3,014,049</b>	<b>2,907,091</b>
<b>Total Expenses</b>	<b>17,512,510</b>	<b>17,647,030</b>
Excess of support and revenues over expenses and change in unrestricted net assets	1,045,658	218,578
<b>Unrestricted Net Assets</b>		
Beginning of year	<b>3,507,594</b>	<b>3,289,016</b>
End of year	4,553,252	3,507,594

# donors

C4 wishes to thank all the individuals, corporations, foundations and organizations below who have generously donated money, goods and/or services between July 1, 2004 and June 30, 2005. Your compassion and commitment do make a difference!

Abbott Laboratories  
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Horn Kath

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Yollocali Youth Museum

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Zanies Comedy Club

## MATCHING GIFTS

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*In Memory of June Bailey*

Patricia T. Carlson  
*In Memory of Robert & Elizabeth Carlson*

Yollocali Youth Museum  
*Honorarium for Dr. Gilliam*

James A. Signoretti  
*In Memory of Adam Signoretti*

Bernard & Sandra Pollock  
*In Memory of Michael Sklar*

Marlene Meisels, PhD  
*In Memory of Charles Smutny*

Jeannette Kim Schar  
*In Honor of Eric Sussman*

We have made every effort to ensure that each donor's name is listed correctly. If your name is misspelled, listed incorrectly, or inadvertently omitted, please accept our sincere apology. Questions may be directed to Marta A. Bailey at 773.765.0809. Thank you!

# managementteam2005

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# servicesites

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1622 South Blue Island  
312.226.ABLA

## C4 BEACON

4604 North Beacon  
773.765.0850

## C4 BROADWAY

5710 North Broadway  
773.728.1000

## C4 CLARK

4740 North Clark  
773.769.0205

## C4 NORTH

2542 West North Avenue  
773.365.7277

## C4 PETERSON

2525 West Peterson  
773.506.2525

## C4 RECOVERY POINT

4007 North Broadway  
773.305.1101

## C4 RIDGE

5691 North Ridge  
773.303.3000

## C4 SOUTH *in collaboration with*

*Lutheran Social Services, Inc.*  
11750 South Western  
773.371.2700

## C4 WINTHROP

5710 North Winthrop  
773.765.0750



**Community Counseling Centers of Chicago**  
4740 North Clark Street • Chicago, IL 60640



24 hour response: 773.769.0205

TTY: 773.769.1724

Fax: 773.765.0801

[www.c4chicago.org](http://www.c4chicago.org)



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*Designed by:*

**mc2 Communication Consortium**

*Written by:*

*Marta A. Bailey, Development Director*

*Edited by:*

**Marcy Darin**