



## C4 AT A GLANCE

**Community Counseling Centers of Chicago (C4)** is a leading provider of community-based mental health services to nearly 7,000 children, adults and families each year. Through the delivery of effective, empirically-supported and trauma-informed mental health services, C4 provides people with the tools necessary to improve their health and the quality of their lives.

**CHILDREN & FAMILY SERVICES** Mental health experts provide individualized, child-centered and family-focused support services promoting the positive cognitive, social and emotional development of children and adolescents including:

- Screening, Assessment and Treatment Services
- Family and Group Therapies
- School and Community-Based Services
- Life Skills Training
- Therapeutic Youth Summer Camps

**COUNSELING & SUPPORT SERVICES** Through evidence-based/informed therapies and comprehensive community-based support services, C4 helps people develop better mental health self-management, coping and relapse prevention skills and connect with resources in the community. Services include:

- Therapy and Counseling
- Assertive Community Treatment
- Sexual Assault Services (STARS)
- Older Adult Services
- Skill Building/Therapeutic Groups
- Pre-Admission Screening and Resident Review
- Community Support Team
- Transition Services
- Vocational Rehabilitation
- Representative Payee
- Drop-In Center

### MEDICAL SERVICES

- Psychiatrists
- Psychiatric Nursing
- Integrated Care Partnerships
- On-site Pharmacy and Lab Services

**CRISIS SERVICES** Crisis teams of mental health professionals provide crisis intervention services for children, adolescents and adults in severe psychiatric distress including:

- 24/7, 365 Emergency On-Call Services
- 24/7, 365 Screening Assessment and Support Services (SASS)
- 24/7, 365 Crisis Hotlines

**PARTNERSHIPS** Through a series of partnership initiatives developed with the Cook County Health and Hospitals System (CCHHS), C4 offers a growing number of programs and services to a wider reach, benefiting an ever increasing number of individuals within the community.

- **Behavioral Health Consortium (BHC)** A referral network of 12 behavioral health agencies and hospitals, with a goal of streamlining access to behavioral healthcare services for CountyCare members. The consortium providers cover a wide geographical area across Chicago and suburban Cook County.
- **The Behavioral Health Primary Care Integration Learning Collaborative** with C4 as the lead agency, C4 and CountyCare work with several primary care providers and the Behavioral Health Consortium toward the goal of enhancing the behavioral health capacity of service delivery of all providers, as well as to strengthen care coordination and referral services for behavioral health.
- **Assisted Outpatient Treatment (AOT)** is a court-ordered behavioral health program supporting individuals with serious mental illness in Cook County. AOT enhances and coordinates services from a number of local and state partners and aims to reduce psychiatric hospitalizations, homelessness, incarcerations and interactions with the criminal justice system, while improving the health and social outcomes for individuals with serious mental illness.

**EDUCATION Youth Mental Health First Aid (MHFA)** an 8-hour public education course providing adults with the skills to identify, understand and respond to a young person ages 12-18 experiencing a mental health problem or crisis. For more information please email [MHFA@c4chicago.org](mailto:MHFA@c4chicago.org)

### C4 LOCATIONS:



**C4 CLARK**  
4740 N. CLARK ST.  
CHICAGO, IL 60640  
773.769.0205

**C4 BROADWAY**  
5710 N. BROADWAY ST.  
CHICAGO, IL 60660  
773.728.1000

**C4 NORTH**  
2542 W. NORTH AVE.  
CHICAGO, IL 60647  
773.365.7277

**C4 BELLE PLAINE  
ADMINISTRATIVE OFFICE**  
2014 W. BELLE PLAINE AVE.  
CHICAGO, IL 60618  
872.235.0722

### CONTACT US:



**SERVICES, APPOINTMENTS  
& 24-HOUR CRISIS LINE:**  
**773.769.0205**

**24-HOUR SASS CARES  
YOUTH CRISIS LINE:**  
800.345.9049

**NATIONAL 24-HOUR  
SUICIDE PREVENTION  
LIFELINE:** 800.273.8255

[www.c4chicago.org](http://www.c4chicago.org)

