



C4 MISSION AND VISION

C4 is a behavioral health advocate & social services provider, offering quality, comprehensive, customer-oriented services tailored to the diversity of its consumers. C4 will be, and will be recognized as essential to the well-being of the communities we serve.

DEMOGRAPHICS

Unduplicated clients served FY 18:

Screening Assessment & Support Services (SASS): 4013

Adult Outpatient: 1,185

Children/Adolescent Outpatient: 726

Assertive Community Treatment (ACT): 135

Community Support Team (CST): 152

Williams Consent Decree: 84

Colbert Consent Decree: 59

Intensive Support Team (IST): 13

Client Demographics:

Gender

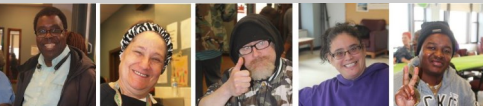
Male: 48.8% Female: 51.2%

Age

Child and Adolescents (0-20): 69.3%

Adults (21-64): 27%

Older Adults (65+): 3.7%



PROGRAMS & SERVICES

C4 is a leading provider of community-based mental health services to over 6,000 children, adults and families each year. C4 provides people with the tools necessary to improve their health and the quality of their lives, through the delivery of a wide spectrum of effective mental health programs and services:

Children & Family Services

C4 staff provide individualized, child-centered and family-focused support services. Promoting positive cognitive and social/emotional development of children and adolescents through the following services: comprehensive mental health assessment; individual, family and group therapies; school and community-based services; art therapy; life-skills training; and therapeutic youth summer camps.

Adult Counseling & Support Services

Through evidence-based, trauma-informed therapies and community-based support services, C4 helps adults develop better mental health self-management, coping and relapse prevention skills and connect with resources in the community. Services include: comprehensive mental health assessment and treatment; individual, couples and family counseling; sexual assault services (STARS); older adult services with home visits; community support groups; skill building and therapeutic groups; drop-in center; vocational rehabilitation; representative payee services; as well as other individualized therapies.

Medical Services

C4 offers integrated on-site medical care on-site which includes psychiatry, psychiatric nursing, integrated primary medical care, on-site pharmacy and laboratory services.

Crisis Services

C4 crisis teams provide crisis intervention to individuals of all ages in severe psychiatric distress. Services are available 24-hours a day, 7 days a week, 365 days a year via emergency on-call services. Additionally C4 serves as a local provider for the National 24-Hour Suicide Prevention Hotline in the Chicagoland area.

FY 18 ACCOMPLISHMENTS & HIGHLIGHTS

During the 2018 fiscal year, C4 has made great strides toward the advancement of the agency's mission, vision and philosophy.

Featured highlights include:

- Direct services provided with co-locations in over 10 Chicago Public Schools, delivering mental health care to students who may not have access to these vital services.
- Vocational Rehabilitation Services provided a full continuum of employment support to 75 clients and successfully placed 15 individuals in lasting employment opportunities, with competitive wages in integrated settings, while providing on-going support.
- Representative Payee Services assisted over 225 clients with money management and support.
- Through clinical supervision, 6 newly licensed clinicians have entered the field with confidence and skills.
- Our therapeutic summer camp, designed to meet the needs of children and adolescents with mental health needs, who often struggle in traditional day camp settings, served 40 clients during the summer months.
- Drop-In Center welcomed over 200 individuals to participate in groups, utilize computer stations, socialize with peers, etc.

LEADERSHIP TEAM

Chris Carroll
President & CEO

Kelly Craig Gates
Chief Administrative Officer

Norm Asher
Senior Director of Clinical Services

Sally Berkhia
Director of Development

Rachel Howland
Director of Human Resources

Patrick Dombrowski
Director of Crisis Services

Ron Sumpter
Director of Specialized Services

Jeff Romano
Associate Director of Specialized Services

Kathy Calderon
Associate Director of Child and Adolescent Services

Sara Solin
Associate Director of Adult Services

BOARD OF DIRECTORS

Evan Freund, Chairperson

James Hallberg, Vice Chairperson

Michael Anderson, Treasurer

Chris Carroll, CEO*

Angela Joiner-Jones, Secretary*

Frank Alschuler**

Mimi Alschuler

Joyce Dugan**

John Franklin

Philip Handal

Megan Mills

Jack Quigley

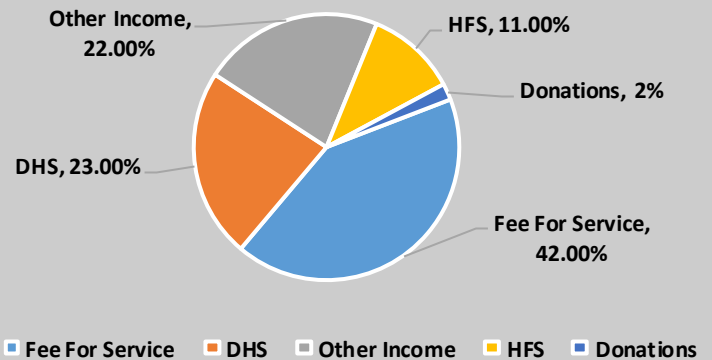
Patrick Thompson

* non voting member
** emeritus status

FINANCIALS

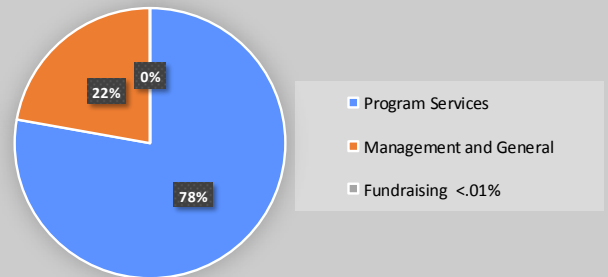
FY 18 REVENUE

Total FY18 Revenue: \$15,720,255



FY 18 EXPENSES

Total FY18 Expenses: \$14,426,545



PARTNERSHIPS & EXPANSION OF SERVICES

Behavioral Health Consortium A referral network of 12 behavioral health agencies and hospitals, with a goal of streamlining access to behavioral healthcare services. The consortium providers cover a wide geographical area across Chicago and suburban Cook County.

Behavioral Health Primary Care Learning Collaborative with C4 as the lead agency, C4 and CountyCare work with several primary care providers and the Behavioral Health Consortium toward the goal of enhancing the behavioral health capacity of service delivery of all providers, as well as to strengthen care coordination and referral services for behavioral health.

NEW Youth Mental Health First Aid Thanks to a SAMHSA Grant, C4 will provide FREE Youth Mental Health First Aid training courses in FY19, taught by C4's certified Mental Health First Aid instructors. This 8-hour course is designed for adults to assist adolescents ages 12-18 by educating individuals on the unique risk factors and warning signs of mental health problems in young people, and train them on how to provide initial support, and to connect them to professional, peer, social and self-help care.

NEW Sexual Trauma and Awareness Recovery Services (STARS) Formerly known as C4's Sexual Assault program, our counseling services to survivors of sexual violence are being rebranded as the new STARS program, set to launch in early FY19. Additionally, STARS will be the new home of Threads of Compassion (Chicagoland Chapter). This program provides hand-knitted scarves to survivors of sexual violence, by other survivors looking to provide comfort and solidarity to others who are seeking support and healing.

C4 LOCATIONS



**C4 CLARK
CLINICAL SITE**
4740 N. CLARK ST.
CHICAGO, IL 60640
773.769.0205

**C4 BROADWAY
CLINICAL SITE**
5710 N. BROADWAY ST.
CHICAGO, IL 60660
773.728.1000

**C4 NORTH
CLINICAL SITE**
2542 W. NORTH AVE.
CHICAGO, IL 60647
773.365.7277

**C4 BELLE PLAINE
ADMINISTRATIVE OFFICE**
2014 W. BELLE PLAINE AVE.
CHICAGO, IL 60618
872.235.0722

CONTACT US



**SERVICES, APPOINTMENTS
& 24-HOUR CRISIS LINE:**
773.769.0205

**24-HOUR SASS CARES
YOUTH CRISIS LINE:**
800.345.9049

**NATIONAL 24-HOUR
SUICIDE PREVENTION
LIFELINE: 800.273.8255**

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