C4 MISSION AND VISION
C4 is a behavioral health advocate & social services provider, offering quality, comprehensive, customer-oriented services tailored to the diversity of its consumers. C4 will be, and will be recognized as essential to the well-being of the communities we serve.

PROGRAMS & SERVICES
C4 is a leading provider of community-based mental health services to over 6,000 children, adults and families each year. C4 provides people with the tools necessary to improve their health and the quality of their lives, through the delivery of a wide spectrum of effective mental health programs and services:

Children & Family Services
C4 staff provide individualized, child-centered and family-focused support services. Promoting positive cognitive and social/emotional development of children and adolescents through the following services: comprehensive mental health assessment; individual, family and group therapies; school and community-based services; art therapy; life-skills training; and therapeutic youth summer camps.

Adult Counseling & Support Services
Through evidence-based, trauma-informed therapies and community-based support services, C4 helps adults develop better mental health self-management, coping and relapse prevention skills and connect with resources in the community. Services include: comprehensive mental health assessment and treatment; individual, couples and family counseling; sexual assault services (STARS); older adult services with home visits; community support groups; skill building and therapeutic groups; drop-in center; vocational rehabilitation; representative payee services; as well as other individualized therapies.

Medical Services
C4 offers integrated on-site medical care on-site which includes psychiatry, psychiatric nursing, integrated primary medical care, on-site pharmacy and laboratory services.

Crisis Services
C4 crisis teams provide crisis intervention to individuals of all ages in severe psychiatric distress. Services are available 24-hours a day, 7 days a week, 365 days a year via emergency on-call services. Additionally C4 serves as a local provider for the National 24-Hour Suicide Prevention Hotline in the Chicagoland area.

FY 18 ACCOMPLISHMENTS & HIGHLIGHTS
During the 2018 fiscal year, C4 has made great strides toward the advancement of the agency’s mission, vision and philosophy. Featured highlights include:

- Direct services provided with co-locations in over 10 Chicago Public Schools, delivering mental health care to students who may not have access to these vital services.
- Vocational Rehabilitation Services provided a full continuum of employment support to 75 clients and successfully placed 15 individuals in lasting employment opportunities, with competitive wages in integrated settings, while providing on-going support.
- Representative Payee Services assisted over 225 clients with money management and support.
- Through clinical supervision, 6 newly licensed clinicians have entered the field with confidence and skills.
- Our therapeutic summer camp, designed to meet the needs of children and adolescents with mental health needs, who often struggle in traditional day camp settings, served 40 clients during the summer months.
- Drop-in Center welcomed over 200 individuals to participate in groups, utilize computer stations, socialize with peers, etc.
**Leadership Team**

- **Chris Carroll**
  President & CEO
- **Kelly Craig Gates**
  Chief Administrative Officer
- **Norm Asher**
  Senior Director of Clinical Services
- **Sally Berkhia**
  Director of Development
- **Rachel Howland**
  Director of Human Resources
- **Patrick Dombrowski**
  Director of Crisis Services
- **Ron Sumpter**
  Director of Specialized Services
- **Jeff Romano**
  Associate Director of Specialized Services
- **Kathy Calderon**
  Associate Director of Child and Adolescent Services
- **Sara Solin**
  Associate Director of Adult Services

**Board of Directors**

- **Evan Freund**, Chairperson
- **James Hallberg**, Vice Chairperson
- **Michael Anderson**, Treasurer
- **Chris Carroll**, CEO*
- **Angela Joiner-Jones**, Secretary*
- **Frank Alschuler***
- **Mimi Alschuler**
- **Joyce Dugan***
- **John Franklin**
- **Philip Handal**
- **Megan Mills**
- **Jack Quigley**
- **Patrick Thompson**

* non voting member
** emeritus status

**Financials**

**FY 18 REVENUE**

Total FY18 Revenue: $15,720,255

- Other Income, 22.00%
- HFS, 11.00%
- Donations, 2%
- DHS, 23.00%
- Fee For Service, 42.00%

**FY 18 EXPENSES**

Total FY18 Expenses: $14,426,545

- Program Services
- Management and General
- Fundraising <.01%

**Partnerships & Expansion of Services**

**Behavioral Health Consortium**

A referral network of 12 behavioral health agencies and hospitals, with a goal of streamlining access to behavioral healthcare services. The consortium providers cover a wide geographical area across Chicago and suburban Cook County.

**Behavioral Health Primary Care Learning Collaborative**

With C4 as the lead agency, C4 and CountyCare work with several primary care providers and the Behavioral Health Consortium toward the goal of enhancing the behavioral health capacity of service delivery of all providers, as well as to strengthen care coordination and referral services for behavioral health.

**NEW** Youth Mental Health First Aid

Thanks to a SAMHSA Grant, C4 will provide FREE Youth Mental Health First Aid training courses in FY19, taught by C4’s certified Mental Health First Aid instructors. This 8-hour course is designed for adults to assist adolescents ages 12-18 by educating individuals on the unique risk factors and warning signs of mental health problems in young people, and train them on how to provide initial support, and to connect them to professional, peer, social and self-help care.

**NEW** Sexual Trauma and Awareness Recovery Services (STARS)

Formerly known as C4’s Sexual Assault program, our counseling services to survivors of sexual violence are being rebranded as the new STARS program, set to launch in early FY19. Additionally, STARS will be the new home of Threads of Compassion (Chicagoland Chapter). This program provides hand-knitted scarves to survivors of sexual violence, by other survivors looking to provide comfort and solidarity to others who are seeking support and healing.

**C4 Locations**

- **C4 CLARK**
  CLINICAL SITE
  4740 N. CLARK ST.
  CHICAGO, IL 60640
  773.769.0205

- **C4 BROADWAY**
  CLINICAL SITE
  5710 N. BROADWAY ST.
  CHICAGO, IL 60660
  773.728.1000

- **C4 NORTH**
  CLINICAL SITE
  2542 W. NORTH AVE.
  CHICAGO, IL 60647
  773.365.7277

- **C4 BELLE PLAINE**
  ADMINISTRATIVE OFFICE
  2014 W. BELLE PLAINE AVE.
  CHICAGO, IL 60618
  872.235.0722

**Contact Us**

- SERVICES, APPOINTMENTS & 24-HOUR CRISIS LINE: 773.769.0205
- 24-HOUR SASS CARES YOUTH CRISIS LINE: 800.345.9049
- NATIONAL 24-HOUR SUICIDE PREVENTION LIFELINE: 800.273.8255
- www.c4chicago.org
- info4@c4chicago.org

- [Facebook](https://www.facebook.com)
- [Twitter](https://twitter.com)
- [LinkedIn](https://www.linkedin.com)